

STORY: OUR MUNICIPALITY

Bande, a municipality rooted in history, located in the south of the province of Ourense and nestled in the heart of the Baixa Limia – Serra do Xurés natural park, boasts an unparalleled historical legacy that makes it a reference for the Roman and Hispano-Visigothic period at the national level.



In this territory, inhabited since time immemorial, the traces left by various civilizations are still unmistakably present. Numerous archaeological remnants scattered throughout its geography bear witness to this fact: dolmens, petroglyphs, castros, air pools, and ethnographic heritage, among others.

Rich in intangible heritage, as evidenced by its festivals: Entroido, Peixe, or white dances, and fascinating in terms of natural wealth. Generous thermal waters gush vigorously in a place of undeniable beauty that invites relaxation.

Bande combines tradition and modernity, sports and leisure, melody, and literature. In Bande, we will embark on a journey through our past in a place full of history and stories. Don't let them tell you about it; come and experience it with us.



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