


FAMILY BEEKEEPING EXPERIENCE AMONG "CANASTROS"

Are you ready for a unique and immersive experience in the world of beekeeping? Join us for a family-friendly adventure that will take you on a journey through the buzzing hives and tantalize your taste buds with the sweet nectar of our honey.

 **Duration:** 2 to 3 hours.

 **Availability:** from April to September.

 **Minimum:** 2 people

 **Maximum:** 6 people

 **Personal Equipment:**

- Suitable footwear, preferably high boots.
- Sun hat and a well-fitting face mask for added protection.
- Comfortable clothing, including a long-sleeved garment.
- A small backpack to carry water and snacks.

 **Restrictions:**

- Not suitable for children under 6 years old.
- We recommend avoiding perfumed clothing, facial or body creams as these scents can irritate the bees.
- Not suitable for people allergic to bee venom.

 **Include:**

- Safety equipment.
- Guided visit to the beehives.
- Educational session and regular practices for hive care.
- Honey tasting and a tour of the history of "Canastros" (traditional granaries).

Activity Description: "Come to the Caminero's Beehives and Experience the World of Beekeeping":

We will meet at the beautiful "Praza da Verdura" in the Municipality of A Merca, where our adventure begins. From there, we will make our way to the beehives, just a short distance away. Once we are at a safe distance from the hives, we will put on our protective suits and gloves to ensure a secure visit.

We will start with a brief description of the surroundings, including the diverse flora and fauna (including wolves) that contribute to the unique ecosystem. Then, in a way that even the youngest participants can understand, we will explain what you will see inside the beehives.

It's time to open the hive and witness the incredible life cycle of bees. We will show you the worker bees, from eggs to larvae to nymphs, as well as the drones and their primary functions. We will also introduce you to the queen bee, the heart of the colony, and explain how the magic of honey production happens through the bees' interaction with flowers and trees.

After exploring the beehives, we will close them and give you the opportunity to ask questions, share your curiosities, and satisfy your thirst for knowledge. We will then leave the mountainside and proceed to the second part of the experience - a visit to the Canastros, where we will share their history. In this relaxed atmosphere, surrounded by nature, you will have the chance to indulge in a honey tasting inside the Canastro, accompanied by a traditional Galician soft cake called "bica."

Once you have savored the flavors and finished the tasting, you can leave your thoughts and impressions in our guestbook. Throughout the experience, we will capture photos and videos of each memorable moment, ensuring that you have lasting memories of this unique adventure.

Eco-friendly Practices:

During the visit to the beehives we ensure that no plastic or other waste, that could harm the environment, is generated. If necessary, our beekeeper will use natural fuel, such as dry leaves or grass, to produce smoke for better bee management. Only the necessary amount of smoke will be used to avoid disturbing the other hives. Any organic waste or plastic, glass, etc., generated during the tour of the Canastros will be collected and properly disposed in designated containers.



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