



STORY » THE GAZE OF THE EAGLE: A WILD CREATURE ROOTED IN XURÉS

Hello, I am Mar Moreno, a life explorer and nature lover. I would like to share with you my experience in Xurés, a magical place where I found my connection with the wild and my purpose to claim our original state.



I was born and raised in Almería, Spain, surrounded by the Mediterranean Sea and the majesty of the mountains. From a young age, I decided to walk barefoot and feel nature on my skin, and that practice became my way of life. The warmth of the stones in summer, the cold of the water in winter—each sensation reminded me that the earth is our home, and nature is our guide.

My mountain-loving family instilled in me a love for exploration and connection with the wild. I traveled to different places, savoring experiences, and immersing myself in the colors, smells, and sounds of nature.

My encounter with Xurés was during a pilgrimage on the Camino de Santiago (Saint James' Way). While walking, an eagle perched in front of me and stared. It was in that moment, after days of

reflection, that I decided to ask the universe if this place was the right one for me to retreat and connect with the wild. The eagle's gaze was my answer, so I let myself be carried away by the magic of the mountains and decided to stay here.

My mission is to reclaim our original state, to be wild in the purest sense of the word. Throughout generations, society has disconnected us from our essence, causing effects on all our systems. My purpose is to develop intuition and help others regain their essence.

My academic and professional knowledge is related to nature and well-being. I have been an environmental educator, and a tour leader in the wild nature of Europe, North America, and Morocco. In addition, I have explored various Western and Eastern methodologies focused on body language, voice, and self-connection.

From dances and meditations to alternative therapies and ancestral traditions, I have explored a wide range of practices that I can customize according to the individual needs of each person.



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